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The power of the word.

All of a sudden fear begins to grow within. Now that I am writing about the power of the word, I realize that all the words that I will generate will have influence on the recipient of my message.

What truly is the message that I wish to get across, and which sensation do I wish my message to leave behind?

Words. From the moment that you were born, words surround you plentiful. Visible, audible and sometimes even tangible, we transfer signals to each other. How the content reaches the recipient is depending on definitions and interpretations', making it uncertain whether the message is received in the same way as was intended upon transmitting.

We use words to express what we feel and want. Sometimes we speak from the mind and use words in a strategic manner. In other occasions we speak from the heart and let the words flow right out of us. Sometimes even we scare ourselves, the moment we realize the impact of what we are saying.

The moment you pick up a weapon, you will experience the sensation of power. All of a sudden you are able to damage or hurt someone or something. Has it ever occurred to you that words can be just as harmful? Although it isn't always visible, the damage created with words can be very painful or even lethal. And perhaps because of this, the most powerful people do not need to carry weapons.

Being impeccable with your words, is saying what you really mean. No lies, half-truths or gossip, and stripped from negativity. No unfounded opinions and not meant to hurt, injure or offend yourself or others.

With words, one can create as well as destroy. Using the word maliciously will make people afraid, sad and depreciated. It sows the seeds of fear and hate. By using the word in a loving fashion, you make people grow and shine. You are planting the seeds of love and respect.

The moment you comprehend that the energy you add to the words you speak influences the content of the message upon reception, is when you understand the power of the word.